

## **Nurse Practitioners and Physician's Assistants are Good Sources of Primary Health Care**

Medicare patients need to have a primary care provider, someone who can follow them for most of their medical issues over years and coordinate specialty care and referrals if needed.

Possible providers include physicians like Internists and Family Practitioners but also Nurse Practitioners (NP) and Physician Assistants (PA), both of whom can be highly trained experts in their fields. The differences are mainly in minimum years of training:

**Physicians:** 4 years college + 4 years medical school + 3 years residency

**Nurse Practitioners:** 1-4 years college + 2 years RN + 2 years NP program (can practice independently in Nevada)

**Physician's Assistants:** 1-4 years college + 2 years PA school (need to work under supervision of a physician).

An experienced Physician's Assistant specializing in medicine can provide superb general or specialty care serving 90% of the needs of most Medicare patients. The key is their experience, commitment, and continued growth after training, the same as with Nurse Practitioners and Physicians.

## **Where Can I Go to See a Doctor?**

### **Medicare Providers, Urgent Care and Senior Services**



Compiled by  
Medicare in Elko Work Group

Web site for more information:

**[medicareinelko.org](http://medicareinelko.org)**

Facebook for meetings and  
events:

**@medicareinelko**

(All listed providers accept new patients using Medicare.)

## Medicare Providers in Elko

(Providing long-term associations)

### Dr. Spogen/ UNR-Med Family Medicine Clinic

Chair Dept. of Family Medicine, UNR School of Med  
Telemedicine, video from Reno, RN in exam room  
Appt: 775-982-7700, specify Dr. Spogen in Elko  
Exams at Nevada Health Center, 762 14<sup>th</sup> Street, Elko  
**UNR Clinical Faculty and Family Medicine Residents**

### Nevada Health Centers

762 14th Street  
775-738-5850  
M-F 7a-5p, Open during lunch  
First appointment is less around 1 week out or less

### Northeastern Nevada Primary Care

1995 Errecart Blvd, STE 206, 777-2061  
M–Th, 7:30 am – 5:30 pm (closed 12-1)  
Doctorate Nurse Practitioner  
First appointment takes 1 week or less

### Postgraduate Internal Medicine Residents

Elko Clinic, 1995 Errecart Blvd, Suite 102, 738-3111  
M-F 8-5  
First appointment takes about 1 week

### A+ Total Care

976 Mountain City Hwy, 777-7587  
ElkoUrgentCare.com, info@a-plusurgentcare.com  
Mon & Wed 10am – 8pm, Tue & Fri 8am – 6pm  
Nurse Practitioner by Appointment Only

## Medicare Providers outside of Elko

(Providing long-term associations)

### Carlin Community Health Clinic

310 Memory Lane, Carlin, 754-2666  
Nurse Practitioner, Th-F only  
Sees Elko residents  
First appointment takes about 2 weeks

**Nevada Health Center** Clinics in Austin, Crescent Valley, Eureka, Jackpot and West Wendover

### Battle Mountain Clinic

535 S Humboldt Street, Suite A, Battle Mountain  
M-F 7– 6pm, 775-635-2424  
3 Physicians, 3 Nurse Practitioners  
Sees Elko residents  
First appointment on same day or takes about 1 day

### Aspen Quick Care in Wells

197 Baker St, Wells, 775-773-8010  
9a-5p M-F  
1 Nurse Practitioner  
Most services

## Urgent Care

(Some do not provide long-term associations)

### A+ Total Care

976 Mountain City Hwy, 777-7587  
ElkoUrgentCare.com, info@a-plusurgentcare.com  
M-F 8-7:30pm, Sat 9-4, Sun 10-2  
Doctor, Physician's Assistant and Nurse Practitioner  
Most services, walk-in and appointments

### Medallus Elko Urgent Care

1780 Browning Way, Elko, 775-400-1510  
medalluselko.com, info@medalluselko.com  
M-F 8am-6pm  
Physician's Assistant, MD  
Most services, Walk-in/Primary Care appointments

### Aspen Quick Care

250 Country Club Pkwy, Spring Creek, 775-738-3000  
8a-8p, 7 days a week  
3 Physician Assistants  
Most services

### Northeastern Nevada Regional Hospital Emergency Room

2001 Errecart Boulevard, Elko  
24 hours/day  
All emergency services, walk-in

## Other Services

### Canyon Chiropractic Clinic

Spring Valley Pkwy, Suite E, Spring Creek, 753-9395  
M-F 9-6  
First appointment same or next day

## Senior Services

### Veterans

Nevada Department of Veteran Services  
777-1000

### Terrace at Ruby View: Senior and Active Lifestyle Center

1795 Ruby View Drive, Elko, Nevada, 775-738-3030  
Senior programs and Information, M-F, 8-4  
Free Health Screenings, Health Services, Fitness classes  
Podiatry clinic, 60 and older, one day per month.  
Call for schedule

## Having trouble with Medicare?

Nevada State Health Insurance Assistance Program  
Medicare Counseling Program  
877-861-1893, 753-4085

Nevada Office for Consumer Health Assistance  
Griswold Hall, 701 Walnut St., Elko  
888-333-1597, 753-4085